Dear 4-Her’s:

Hi, my name is Karen Perkuhn. I am one of 3 chaperones for Shawnee County 4-H Exchange. Leroy Russell and Twyla Hernandez are my co-chaperones. We are in the process of recruiting for our next 2-year rotation (2024-2025) for Exchange.

I am currently searching for a State for our group to Exchange with. We are looking for 10-15 4-Her’s who have an interest in learning about 4-H in another state and loves to travel. 4-Her’s need to be 4-H age 14 – 19 to be able to host and travel.

Once we match numbers with a State, we will host in Kansas one year and travel to the State chosen the next year. The year we host, the cost can be $500.00 to $700.00. The cost varies depending upon the activities you choose to share with the State we are hosting. The year we travel the cost of flying can start at $350.00 and go up from there. This year our air travel was $403.00. We do fundraisers to help defray this cost, but the remainder not raised is paid by the individual.

We have traveled to Michigan, Pennsylvania, Washington, Texas to name a few. When we host a few of the activities we have done are: ziplining, axe throwing, visit the Capitol, the Salt Mines and the WWI Museum to name a few. We have a few learning activities as well as a few fun activities. We are very busy the eight days the State is visiting. Each rotation the activities can change because we try to make the activities unique to each groups interest. If you are interested, please fill out the attached application and mail to Karen Perkuhn at 1717 SW Valley Glen Road, Topeka, Kansas 66615 by September 15, 2023. If you have any questions, please call me at 785-221-8752. Thank you and I hope you will consider joining this amazing group of youth.

Karen Perkuhn
Shawnee County 4-H Exchange Chaperone