

Colorful Fruits and Veggies

Red

- Raspberry
- Cherry
- Cranberry
- Pink/Red Grapefruit
- Red Pears
- Beet
- Red Pepper
- Radish
- Red Onion
- Red Potato
- Rhubarb
- Watermelon
- Strawberry
- Tomato

Green

- Broccoli
- Cabbage
- Green Beans
- Green Peas
- Kale
- Okra
- Honeydew
- Kiwifruit
- Celery
- Artichoke
- Asparagus
- Avocado
- Cucumber
- Lettuce
- Spinach
- Zucchini

White

- Onion
- White Potato
- Cauliflower
- Kohlrabi
- Parsnips
- Turnips
- White Corn
- Bok Choy
- White Peach
- Mushroom

Yellow/Orange

- Apricots
- Pineapple
- Carrot
- Orange
- Cantaloupe
- Nectarine
- Mango
- Papaya
- Peach
- Butternut Squash
- Yellow Squash
- Yellow Pepper
- Pumpkin
- Corn
- Sweet Potato
- Grapefruit

Blue/Purple

- Blackberry
- Blueberry
- Concord Grape
- Plum
- Purple Asparagus
- Purple Carrots
- Purple Cabbage
- Eggplant