

Maidenhair Fern

Adiantum

These delicate ferns grow quickly and are adapted to indoor conditions. There are several different species with varying leaflet size and color.

Basics: Maidenhair Ferns can be delicate in nature and prefer moderately humid environment. Soil should be allowed to dry only slightly between waterings. They prefer bright indirect or filtered light. Do not place in direct sun. The potting media should be high in organic matter. A professional potting media is a good choice. This fern is a good candidate for pots, hanging baskets, or terrariums.

Special Care: Because of their more delicate nature, Maidenhair Ferns must be fertilized very carefully. Apply only $\frac{1}{4}$ the recommended fertilizer strength every 4-6 weeks. Only fertilize when the plant is actively growing. As growth slows down, limit watering and do not fertilize. To keep plants looking healthy, discolored fronds may be removed.

Potential Pest Problems: Spider mites, scale insects, and mealybugs can pose problems for indoor plants.

Propagation: Maidenhair Fern is propagated by division in the spring.

Reference:

Helmer, Jane Coleman. Pictorial Guide to House Plants. Ed. Karla S. Decker Hodge. Kalamazoo, Michigan: Merchants Company, 1993. 23.

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