KANSAS SNAP-Ed
Impact Report
2022

Contact Information
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This institution is an equal opportunity provider.
THE CHALLENGE

1 in 4 of Kansas adults are physically inactive.

1 in 3 Kansas adults are obese.

1 in 10 Kansas adults and children worried about their next meals.

2 in 5 Kansas adults consumed fruit less than once per day.

1 in 5 Kansas adults consumed vegetables less than once per day.

1 in 4 of Kansas adults are physically inactive.

THE SOLUTION

Empower low-income youth and adults to eat healthy foods and be physically active.

Change policies, systems, and environments to make healthy choices easier and more desirable.

Collaborate with community partners and coalitions to create a culture of health.

THE OUTCOMES

SNAP-Ed supports Kansans with limited resources to make healthy food choices and become physically active by providing a series of direct education lessons, reaching over 4,500 Kansans.

Collaborate with community partners and coalitions to create a culture of health.

SNAP-Ed provided direct nutrition education to youth, adults, and older adults and partnered with local agencies and organizations using multi-level intervention and community engagement to exert greater impacts among Kansans.

Over 8,200 Kansans were reached by SNAP-Ed programs through multi-level intervention.

An average of 200,257 Kansans per month received SNAP benefits.

COMMUNITY PROJECTS

Maintained edible gardens
Reached 50 people

Community Gardens
11 sites

Improved food donation standards
Improved layout to encourage healthy selections
Reached Over 490 people

Expanded use of SNAP/EBT
Implemented Double Up Food Bucks
Reached Over 900 people

Native Hawaiian or Other Pacific Islander
1%

Asian
2%

American Indian or Alaska Native
4%

Black
9%

White
84%

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SNAP-Ed programming is coordinated and delivered by Kansas State Research and Extension in 57 counties and 4 Federally Recognized Tribes across Kansas. SNAP-Ed provided direct nutrition education to youth, adults, and older adults and partnered with local agencies and organizations using multi-level intervention and community engagement to exert greater impacts among Kansans.

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